



Live **BETTER.**

Comprehensive stress protection*

NEW & IMPROVED K-21®

Now with Rhodiola, a powerful adaptogen

K-21 is an exclusive mineral herbal blend featuring Rhodiola, known for its remarkable adaptogenic capacity. This helps us improve the resilience needed to deal with the many demands of modern living*.

Concentrated formula: Half the size and weight but double the concentration!

FEATURES

- An adaptogenic herbal formula featuring premium Rhodiola root extract
- Plus a mineral complex that includes potassium, iodine, magnesium and boron
- The herbal blend also includes extracts of chamomile, thyme, celery seed and alfalfa
- Clinically researched ingredients
- No artificial flavors or sweeteners



**GLUTEN
FREE**



**PARABEN
FREE**



VEGAN



NON-GMO



Delicious peach mango flavor

Great new taste!

BENEFITS

- Helps adapt your body to deal with physical, mental and chemical stress*
- Decreases mental fatigue*
- Improves mental and physical performance*
- Provides vital minerals for optimizing metabolism*
- Iodine supports healthy thyroid function*

*These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent disease.





Why an “ADAPTOGEN?”

Derived from certain unique plants, adaptogens promote healthy adaptation and defense against physical, mental, biological and chemical stressors*. They adapt our immunological and cellular protective mechanisms to the challenges at hand*. The modern science of Rhodiola was initially elaborated upon in the 1950s by Russian researchers to help Olympic athletes with endurance.

Rhodiola has undergone extensive research:

It has been extensively researched as both a mental and physical performance enhancer. Multiple studies on Rhodiola have found that it appears to exert antidepressant, as well as fatigue and stress-reducing effects*.

MEDICAL ENDORSEMENT

“Adaptogenic’ is a newer term that describes the ability of certain compounds to help the body deal with physical and mental stress as well as dealing with the challenges posed upon us by the environment”

Dr. Jimmy Gutman
Chief Science Officer



DIRECTIONS FOR USE

- Take 1 tablespoon (1/2 fl. oz) per day
- Can be mixed with half a glass of water
- Take in the morning and at mid-day
- Avoid taking before bedtime

CONTENT

- Item number 00010616
- 16 fl. oz (473,2 ml)



Adapt and deal with today’s stressful world



Fortify your natural defenses



Increase energy and endurance

